

Reducing the causes and effects of poverty in Sutter County

Top 2024-2025 Community Needs as identified in the Community Action Plan

Homelessness Prevention and Reduction

Access to Health Services

(including mental, behavioral, physical and alcohol/substance abuse)

Food Security

2024 FUNDED PROJECTS

HOMELESSNESS PREVENTION and REDUCTION

- Funding was allocated to Sutter Yuba Homeless Consortium to help manage a Coordinated Entry site at Hands of Hope in Yuba City, a one-stop location for homeless individuals and households for meals, showers and laundry, case management, life skills classes, legal support and referrals for housing, mental health and substance abuse services. Coordinated Entry funded partners included Adventist Health, Casa de Esperanza, REST and Sutter County Health and Human Services.
- Funding was allocated to Bridges to Housing to assist low-income individuals and families with deposits and rent payments to help them obtain or maintain safe and affordable housing.
- Funding was allocated to Salvation Army Depot to support The Depot Family Crisis Center, a 64-bed family shelter that provides wraparound services including a recovery program and self-sufficiency program for women, children and families to prepare them for transition to permanent housing.
- Funding was allocated to Yuba-Sutter Legal Center for Seniors to provide no-cost legal services and advocacy for low-income persons aged 60 and over in Sutter County to help them obtain or maintain their income, housing and medical care.

ACCESS TO HEALTH SERVICES

• Funding was allocated to New Day Training Center to support couples, sexual trauma survivors and parenting/family group therapy programs for low-income Sutter County residents who need mild to moderate level therapeutic care.

FOOD SECURITY

 Funding was allocated to Yuba-Sutter Food Bank to secure food donations from grocery stores, food manufacturing companies, retail stores, and local farmers, in an effort to increase the inventory of food available to those in need.

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2024 IMPACT BY THE NUMBERS

1,253 individuals and 956 households were served in 2024

Homelessness Prevention/Reduction

- 100 individuals received financial coaching and counseling
- 59 individuals received rental or mortgage assistance to maintain their home
- 72 individuals obtained safe and affordable housing
- 50 individuals participated in eviction prevention, counseling and mediations

Access to Health Services

- 15 individuals obtained substance abuse counseling and attended support group meetings
- 51 individuals improved their mental and behavioral health and well-being

Food Security

- 1,052,994 pounds of food was distributed
- 83 individuals received education on healthy food preparation and demonstrated increased nutritional skills

Other Accomplishments

- 30 individuals received vocational training and/or job search coaching
- 23 individuals, age 60+, received free legal assistance to help them obtain or maintain their income, housing and medical care

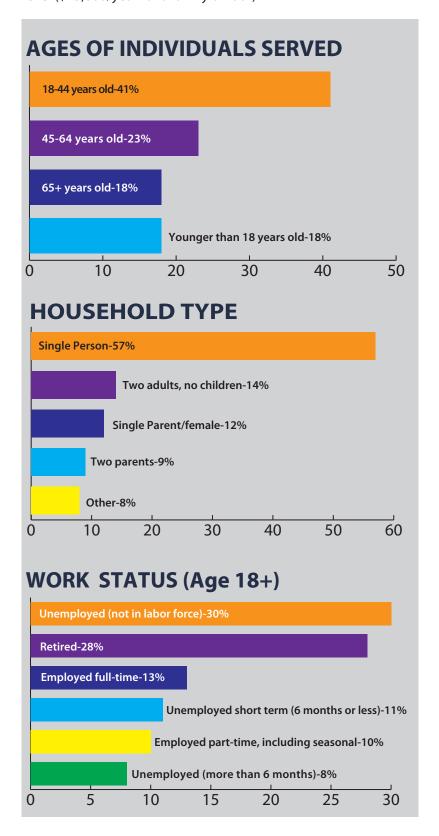


Sutter County Community Action Agency (SCCAA) is a 501(c)3 private non-profit organization that works to assist Sutter County residents achieve greater self-sufficiency and economic independence. SCCAA receives Community Services Block Grant Funds (CSBG) from the California Department of Community Services & Development and regrants them to private nonprofit and public organizations in Yuba-Sutter that serve low-income individuals and vulnerable populations.

WHO WE SERVE

The following data demonstrates characteristics of those served by Community Action in 2024 for whom demographic information was known/collected.

61% of households served had income at or below 100% of the federal poverty level (\$31,200/year for a family of four), of which 33% of households served were living in extreme poverty, annual income at or below 50% of the federal poverty level (\$15,600/year for a family of four)



New Day Training Center Enhances Communication and Emotional Skills Through Group Therapy

New Day Training Center, supported by Sutter County Community Action Agency's CSBG funds, offers group therapy programs for couples, sexual trauma survivors, and parents/families, helping them improve mental health, communication, and life skills.

One parent joined New Day's 10-week parenting group therapy to strengthen communication with her three children—ages 20, 12, and 10. She wanted to help her younger two resolve conflicts while ensuring all her children felt heard. Through guided sessions with New Day therapists, she learned emotion-coaching strategies and tools to foster understanding and connection.

By the program's end, she felt more confident in managing parenting challenges and noticed improvements in her relationships—not just with her children but also in her professional life. Grateful for the experience, she now recommends the class to others and continues to apply what she learned.

For more information about New Day Family Counseling Center (530) 434-6318 1095 Stafford Way, Ste. J, Yuba City, CA 95991

